

Champions

Make a connection for a cure.



"Champions is about more than telling your story to a cyclist, it's about changing lives and making a difference. The team I championed for has inspired me to get through each day of my marathon with MS. And I like to think I inspired them up each hill and through every mile of their 150-mile bike ride."

– David Chaikin, diagnosed 1992

Every year, hundreds of thousands of event participants and people living with multiple sclerosis come together to ride and walk to raise funds to end MS.

Champions, formerly known as Champions Against MS, is a volunteer program that strives to connect people living with MS with event participants to foster education, gratitude and most importantly, hope. Both of you are champions in our eyes.

This year during the Bike MS: Larkin Hoffman MS 150 Ride, participants will wear blue bandanas signed by a person living with MS. Each pair — one person with MS and one event participant —

is encouraged to connect before, during and after the event.

As a person living with MS and a Champion, you are adding depth to an event participant's experience by helping him or her further understand our work to create a world free of MS. You provide your Champion with hope, inspiration and encouragement. Your Champion may be able to do the same for you.

Make a difference

If you are interested in volunteering with Champions as a program assistant, or if you are a person living with MS and would like to become a Champion please contact Rachel Ring at rring@mssociety.org or 612-335-7937.